



BARBARA AMBROSE (1989)

Barbara A. Ambrose, of Hayes VA, passed away peacefully at home on November 14, 2019. Barbara was born in Norfolk, Virginia. She was preceded in death by her loving husband Wilson "Flash" of 50 years.

Barbara was a devoted wife, mother and grandmother who loved spending time with her family and lived life to its fullest. She loved the simple things in life and loved to cook. The neighborhood kids always called her Miss A and loved her dearly. She had the uncanny ability to reach people in a deep and positive way and always left a loving and endearing impression on everyone she met. Barbara was a fun-loving person who enjoyed getting together with her friends and having a great time. She also loved to dance and was a devoted member of the Virginia Beach Shag Club (VBSC) where she served as President. To know Barbara was to love her and she leaves behind many beautiful memories to cherish.

She was a proud business owner, with her husband "Flash", for over 40 years of Brose's Subs and Flash's Mobile Lunch on Virginia Beach Boulevard in Norfolk, VA.

FLASH AMBROSE (1993)

Wilson Henry "Flash" Ambrose, 73, died Sept. 29, 1997, in Sentara Leigh Memorial Hospital. Born in Plymouth, NC, he was a member of the Virginia Beach Shag Club (VBSC) and the Virginia Shaggers Hall of Fame (VSHOF).

He established and owned both Brose's Sub Shop and Flash's Mobile Lunch more than 30 years ago.