



PATRICK "RICK" HENDRIX (2008)

Rick Hendrix is the one person most responsible for bringing Carolina Shag to the Northern Virginia area. Originally from High Point, NC, Rick had been shagging since he was a young boy in the 1950's. Rick brought his smooth, Piedmont-style footwork and styling to a whole new audience in Northern Virginia. He is a founding member of the Northern Virginia Shag Club, and has been an avid instructor and was an early competitor in Washington area venues. He has also shared his extensive collection of beach music at events whenever asked.

Through his efforts, Carolina Shag has spread to areas far beyond the Carolinas. He remains an active dancer and instructor, and shares his styling with anyone who asks. Rick is a favorite partner of many female shaggers.