



### **TAMMY VARNEY (2018)**

Tammy had a natural sense of rhythm being a teen majorette and loving beach music - both classic and latter day – with which she grew up. She took a big step into the dance world when she met

up with the Petersburg-based Tedesco crew, through her friendship with co-worker Marsha Tedesco (VSHOF, 2009) and her husband, Joe (VSHOF, 2001). Under Marsha and Joe’s tutelage, she started her shag career in fits and starts, until she attended a birthday and shag party at Lake Chesdin in 1995, and met a charming, up and coming shagger named Tom (Varney, VSHOF, 2006).

She found the Shag world to be welcoming; the people were so nice! Soon at various events, she found herself dancing like she had never danced before. She could feel the music, the heartbeat and met the man God intended to be her life partner: Tom Varney. Then it was on to the mainline weekend shag club party circuit, shag contests, workshops and the SOS lifestyle. She competed at the O.D. Arcade’s “Rookies’ Revenge” shag contest (and won), joined the Tedescos and Tom Varney in 1996 to dance in the Club Faces (Dunn, NC) inter-club team shag contest (and won), taught all levels of shag instruction at the Richmond Shag Club, guest instructed at the Northern Virginia Shag Club, and generally has been in the thick of the shag lifestyle ever since.

Tragically Tammy lost the love of her life (and dance partner) Tom Varney, while in North Myrtle Beach at Fall SOS 2012. After Tom’s passing, it took a few years for Tammy to feel comfortable back on the floor, with Tom’s spirit encouraging her to enjoy life, the dance and the music again. She since has re-engaged with the dance and the music, and can be found at shag club parties, at the RSC dance events and living life to the fullest!